



PAK  
MISSION  
SOCIETY

# CONNECTING THE DOTS

SUCCESS STORIES FROM PAKISTAN



Serving the  
Unreached



**PAK  
MISSION  
SOCIETY**

**15 YEARS**  
OF MAKING A DIFFERENCE

**Photo Credits**  
Pak Mission Society Staff

**Editorial Team**  
Sunil Gill, Kehkshan Newton, Shahzad Bhatti, Jessica Javed, Fayyaz Gill

**Designed and Printed by**  
Pak Enterprise for Sustainable Development (Pvt.) Ltd.

**Copyright Notice:**  
All rights reserved under the Copyright Ordinance, 1962. No part of this publication is to be replicated, distributed, or trans- mitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, without the prior written permission of the publisher/right holder at the address below. Users are granted to display, download and print portions of this report provided that all proprietary notices are kept intact.  
[Commoffice@pakmissionsociety.org](mailto:Commoffice@pakmissionsociety.org)

**Legal Status:**  
Pak Mission Society (PMS) is a national relief and development organization established in 2004. PMS is registered under the Societies' Registration Act XXI of 1860 at the Office of the Provincial Registrar Joint Stock Companies & Societies, Peshawar, Khyber Pakhtunkhwa, Pakistan and signed a Memorandum of Understanding (MOU) with the Economic Affairs Division (EAD), Government of Pakistan in November, 2017.



**TABLE OF CONTENT**

4	Introduction	
5	Pak Mission Society Footprints	
6	Executive Director Message	
7	Director programmes Message	
<b>WASH</b>		
8	Dreams at the Doorstep	Sanghar-Sindh
9	Reviving Girls Self Confidence	Shangla-KPK
10	Decision for a Better Tomorrow	Rajanpur-Punjab
11	Breaking the Taboos	Sanghar-Sindh
12	Turning Trends	Rajanpur-Punjab
13	Education is the Real Voice	Sanghar-Sindh
<b>DISASTER MANAGEMENT</b>		
14	Recovered and Reconnected	Charsadda-KPK
15	Hope Regained	Jhang-Punjab
16	Drought is playing with lives	Tharparkar-Sindh
17	Restoring Hope for the Future	Shangla-KPK
18	A Father's Grief	Mirpur-AJK
<b>ENVIRONMENT</b>		
19	Livelihood and Environment Protection Together	Islamabad
20	Say No to Open Dumping/Burning	Islamabad
<b>FOOD SECURITY &amp; LIVELIHOOD</b>		
21	Small Business Can End Proverty	Sanghar-Sindh
22	My Garden My Pride	Rajanpur-Punjab
<b>SOCIAL COHESION</b>		
23	Integrating Equity and Inclusion	Rawalpindi
24	Bringing Diverse Faith Together	Rawalpindi
<b>LEADERSHIP &amp; YOUTH DEVELOPMENT</b>		
25	Discovering Her Wings	Rawalpindi
26	Determined to Succeed	Mansehra, KPK
27	Fulfilling a Dream	Lahore, Punjab
<b>CHURCH &amp; COMMUNITY TRANSFORMATION</b>		
28	Community Transformation Through Church	Rawalpindi
29	Breaking Gender Stereotypes	Islamabad
<b>WOMEN &amp; CHILDREN</b>		
30	Nothing Worth More than Saving a Life	Lower Kohistan-KPK
31	Cascading Knowledge Breaks the Fence	Sanghar-SINDH
32	Learning and Playing Together	Kollia Pallas, KPK

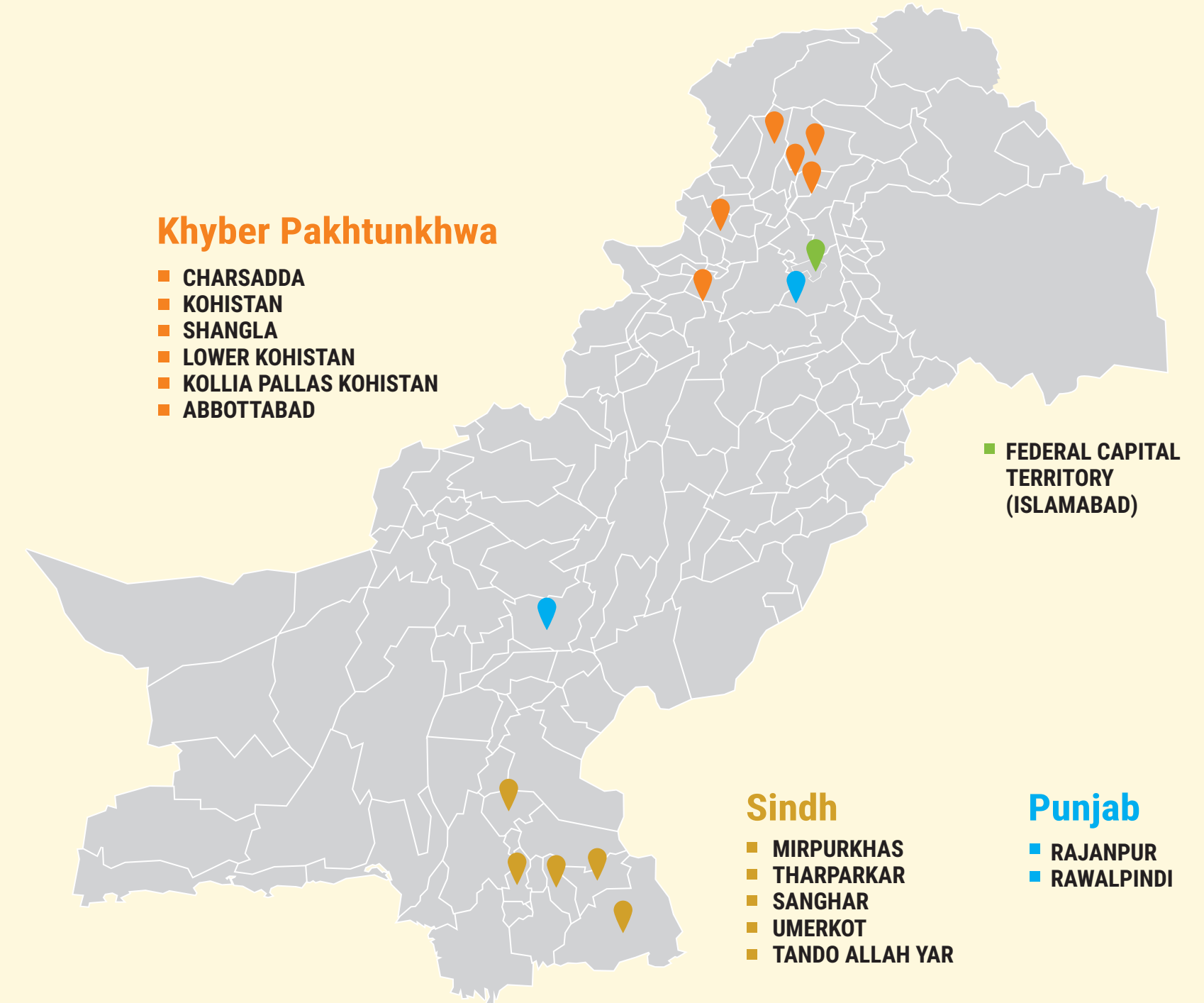
# ABOUT US

Pak Mission Society (PMS) is a national relief and development organization established in 2004 and registered on 13th February 2008 under Societies Registration Act XXI of 1860 in Khyber Pakhtunkhwa, Pakistan, signed a Memorandum of understanding with Ministry of Economic Affairs Division (EAD), Government of Pakistan in November 2017.

PMS was founded by a group of Christian professionals whose collective vision is to bring hope and love by responding to human sufferings and disasters through emergency relief efforts and delivering long term rehabilitation and development programmes. Since its establishment, PMS is serving to reach the unreached and underprivileged communities in impoverished areas regardless of race, gender, ethnicity, class, religion and social background.



# PAK MISSION SOCIETY FOOTPRINTS



## EXECUTIVE DIRECTOR MESSAGE

We are proud to present our success story booklet, “Connecting the dots”. PMS believes that resources and capacities are always available within the impoverished communities, but they remain untapped, unless connected for the bigger changes in their lives. PMS connects the dots and contributes toward their holistic development to strengthen people’s capacities, resilience and self-reliance. The success stories showcase is not the proof of effectiveness of our work, it is rather a contribution to inspire the lives of other communities with these success models. It’s a part of reality that we can’t connect dots looking forward; we can only connect them by looking backwards. So, these success stories can also play a significant role in drawing our future lines. PMS as a team continues to strive for bringing a positive change merged with innovation in our future endeavors.

### ADEEL REHMAT

Executive Director  
Pak Mission Society



## DIRECTOR PROGRAMMES MESSAGE

Pak Mission Society, since its existence in 2005, has been striving to reach the unreached to make lives better. The increased scale and complexity of development needs in Pakistan led PMS to gear up for communities’ socio-economic development through diverse humanitarian response approach. During the transition phase from relief response to long-term development initiatives, PMS, acquired and modified skills, expertise, policies and standards accordingly. “Connecting the Dots” presents the success stories to encourage institutions and individuals inspired for making a difference in the communities that how small initiatives make remarkable changes in the lives of people. This booklet also encourages us to continue our journey with more commitment to excellence for community development. In the end, I want to express my gratitude to PMS’ motivated team and communities that have been so supportive from the start. I am proud to be part of PMS’ team and excited to see what is in God’s plan for us in the coming years.

### SUNIL GILL

Director Programmes  
Pak Mission Society



## DREAMS AT THE DOORSTEP

**TRAVELLED THOUSAND MILES IN MY LIFE, JUST TO REACH THE WATER SOURCES. THE YEARS LONG WALK MADE ME FEEBLE, I OVERSIDE MY OWN HEALTH. I ALWAYS DREAM TO HAVE WATER NEAR HOME**



Unavailability of water supply; hampers women productivity, steals away good deal of their time and energy. The repeated work-outs in search of water continued to affect women's health. Majority of the rural women suffers health complications such as joints pain and muscular strain.

Sundar (aged 72), lives in a Hindu indigenous community in Haji Khan Rajjar village in Khipro, Sindh She is married to Tago, a tenant sharecropper (generally known as "Hari" in local context). She is childless but lives in the extended family with her husband's second wife who has ten children. Though, her age does not permit her to undertake a heavy workload, yet, she has to fetch water, from distant water sources for household consumption along with other females of the family in the neighborhood. Often, women bear trauma of harassment, raising personal safety and security concerns in rural areas of Sindh, Pakistan.

Supported by its partners; Humedica International and the German Federal Ministry for Economic Cooperation and Development, PMS installed hand pumps in the village and raised awareness on improved hygiene practices. Now, the availability of water at their doorstep has immensely transformed lives of rural women like Sundar.

The provision of clean water has increased domestic participation of women, who now are able to invest more time in household affairs; look after their children, contribute towards community development initiatives. In the past women used to spend four unprecedented hours and tons of energy in procuring water from far off distance source and face harassment issues, "Sundar Added". In particular, she faced physical fatigue, joint and stature pain and muscular tenderness.

The blessing of fresh water sources, has increased health of village folks; daily water-intake has improved their overall health. It is commendable that women are taking lead in setting behavioral changes, affecting personal health and hygiene among female folks. Sundar concluded in a very humble and graceful way, that; availability of fresh water is like a dream come true.

## REVIVING GIRLS SELF CONFIDENCE

**GIRLS FELT SECURE WHILE USING LATRINES AND ATTENDANCE WAS DRAMTICALLY RAISED. THE AVAILABILITY OF LATRINE WITHIN THE PREMISES HAS REVIVED THE GIRLS SELF CONFIDENCE**

The Government Girls School Lilownai, District Shangla was established in 2010 by Khyber Pakhtutunkhwa Government, having a strength of 45 students, initially. With the passage of time, students number has reached up-to 600 and infrastructure of 15 class rooms, one staff room, principal office and 15 female teachers, but there were just two latrines.

In 2015, after the earthquake, building structure of school got damaged, leaving the students deprived of two available latrines and running water. The boundary walls also collapsed due to earthquake.

Non-availability of latrines for students, forced female students to go out for open defecation around school premises, causing entire

environment stinky with filthy odor. The female students often chose, not to attend classes during menstruation cycle just to avoid shame syndrome, which further hindered their education. The school administration noticed declining ratio of students so the District Education Officer (female) at Alpuri, approached Pak Mission Society and shared her concerns requesting PMS to build the required latrines for female students in the Government School. PMS supported in building latrines in the school.

Girls felt secure while using latrines and attendance was increased dramatically. "Now I can visit latrine during school timings; I had to rush home or to the near ground during the day for defecation. I felt shame while sitting in open place, but now I feel secure". says a 10-year-old female student with the smile. She thanked and points to the door of the newly constructed latrine in school.

The availability of latrine within the premises has revived the girls self confidence.



## DECISION FOR A BETTER TOMORROW

**I LOST MY BABY DUE TO COARSE TRACK AND LONG DISTANCE, UNAVAILABILITY OF LATRINE WAS THE REASON. I MOTIVATED MY FAMILY, RELATIVES AND NEIGHBORS TO CONSTRUCT LATRINES SO THAT WE CAN GIVE A BETTER FUTURE TO OUR GENERATION, NO LIFE SHOULD BE ON STAKE**

In Pakistan at least 25 million people are still practicing open defecation. Lack of impactful sanitation, health and wellbeing, negatively affect populations; especially, women and children. Just like many other villages in countryside, Village Nabi Bux in Rajanpur district (Punjab) suffers due to stinky odor and harmful bacteria that carries airborne diseases like respiratory infections. Contaminated drinking water also raise vulnerability of rural folks.

Pervaiz Imran (aged 49) lives with his wife and

four children in village Nabi Bux also benefited from the project. Pervaiz and his family suffered a big loss due to open defecation, as his wife suffered a miscarriage because of coarse track and long distance; while she was on her way to defecate in fields. Pak Mission Society intervened and introduced integrated WASH project for public well-being, build public capacities to cope-up with challenges pertaining to health and hygiene, through Community Led Total Sanitation –CLTS. Pervaiz built a latrine for his household use, which in-fact transformed their way of life, restored a sense of dignity, safety and security.

As a project beneficiary, he actively contributed in the Village Development Committee – VDC and advocated the health and hygiene practices in his village. Pervaiz mentioned “the rural populations started encouraging hand-washing practices among the children as the future is in their hands. We as the Village Development Committee (VDC) motivated the villagers to construct latrines so that they can give a better future to the next generations and can be secured from mishaps like I went through”



## BREAKING THE TABOOS

**ADAPTATION OF HYGIENE PRACTICES WAS A TABOO; PREVALENCE OF POOR HEALTH AND UNHYGIENIC PRACTICES ADD MORE FINANCIAL BURDEN ON POVERTY STRICKEN FAMILIES**

Institutional public spending to address WASH issues is extremely poor across rural communities in Sindh, Pakistan. Village Pir Aga Gulam Ali Sarhandi (District Sanghar), is known for being highly indulged in stereotype taboos and poorly aware of WASH impacts on personal and communal life.

Nano (aged 49) a female Hindu devotee; is a mother of seven children; four boys and three girls. The family earns their living through land cultivation and livestock rearing; but barely makes both ends meet. Poverty, poor sanitation and unhygienic practices coupled with rigid mindset remain critical issues. She shared that, poor health and unhygienic practices caused undue financial burden on their family and the whole village usually suffers from gastrointestinal and diarrheal complications, dental issues, scabies and even cholera in sever situations.

PMS WASH team, visited the area and noticed unclean environment and contaminated ground water because of open sewer and drainage. Open defecation was widely practiced, that surely added to contagious health issues. The team intervened and introduced Community Led Total Sanitation approach; and involved community through orientation, sensitization and group formation. Also, displayed WASH models/demos to generate public opinion and ownership of the community. Topics like life-style modifications, food safety, effects of open defecation were also addressed.

Nano was the first women to build a pit-latrine in her house, while others were still thinking. In fact, she became influencer and motivated fellow women about hygiene practices. The villagers were convinced, once they heard Nano speak with conviction. In no time, the pit-latrine project picked up its pace. WASH through Community Led Total Sanitation approach resulted in evidence-based improvements in the village.

“Nano is the Pak Mission Society’s proud beneficiary and we are thankful to her as well; for her humble efforts at the grass roots level, which helped transform the lives of marginalized community”



## TURNING TRENDS

**CLTS APPROACH ENCOURAGED COMMUNITIES TO BUILD MORE THAN 100 LATRINES, SUPPORT CLEAN ENVIRONMENT CAMPAIGNS, ENCOURAGED CHILDREN TO ADOPT HAND WASHING PRACTICES AND AVOID OPEN DEFECATION.**



Muhammad Younis, headmaster (Principal) of government primary school Soima, near Sakhi Maril Mouza, district Rajanpur, looks after 140 school children, 85 boys and 55 girls, most of whom come from nearby villages. Illiterate populations do not value education, health, sanitation and hygiene issues. Open dumping and open defecation are considered absolute normal way of life.

Muhammad Younis, learned about Community Led Total Sanitation (CLTS) approach and found it as a perfect fit for prevailing unsanitary conditions of these villages in Rajanpur. He got interested to explore how communities can participate in these sessions and find practical solutions to improve their health and hygiene status with affordable techniques and practices.

He requested PMS office in Rajanpur for initial sessions prior to introducing CLTS approaches on personal, domestic and communal health and environmental benefits. The awareness sessions truly hammered the outdated mindset of traditional thinking patterns, which actually hindered in the progressive life of villagers.

Based on CLTS approaches Muhammad Younis and his colleagues contributed funds for immediate construction of school latrines, organized fortnightly campaign for cleaning in and around school premises, involving school students and sanitary workers including mosquito spray and repaired water drainage system. In particular, school children were motivated to say no to open defecation, as a social norm.

Later on, communities were willing to invest their contribution as labor while PMS agreed to provide material support to households who were eager to construct latrines at household level. CLTS approach encouraged communities to build more than 100 latrines, support clean environment campaigns, motivate children to practice handwashing, adopt sensible disposal of garbage, discourage open burning and open defecation.

PMS highly appreciates, Muhammad Younis who not just noticed this critical need, but also played his pivotal role in community mobilization, leading towards behavioral change and effective hygiene practices.

## EDUCATION IS THE REAL VOICE

**“SELF HELP GROUPS HELPED IN IMPROVING COMMUNITY WELLBEING ESPECIALLY WOMEN’S STATUS IN PARTICULAR GIRLS EDUCATION AND RIGHT TO MARRAGE”. SAID MINA PROUDLY**

Mina Kumari (21 years of age) wife of Kenji is the sole educated women in the area. She has completed Bachelors in science and eagerly vocal to help her community to overcome the socio-economic situation which is prevalent from ages.

Village Yousaf Thebo is 10 KM away from the city and has approximate 60 households. Mostly, communities are working on farmlands as day laborers and raise livestock. Generally, communities face health and hygiene challenges, mostly caused due to scarcity of water and if available that too is contaminated. Girls are deprived to education and rather married off at an early age and considered to be born for house-hold chores.

The female education has always been demanded by Kumari, but faced tough resistance. After

PMS Khipro team visited Yousaf Thebo village for development interventions, PMS Project Officer met Kumari, who actively facilitated during the detailed need assessment (DNA) process and became a viable source of activism in the village. With the help of Kumari, PMS initiated community development process and established “Self-help Groups”, in the villages. Gradually, the members rose to 19. Kumari being the staunch advocate girl child education, could now influence parents for enrolling their daughters in government school.

Kumari’s passion for the community development made things turn around through the self-help group approaches. Target populations began to change their thinking patterns and willingly participated in various projects such as provision of water, health and hygiene awareness sessions and livelihoods trainings, eventually improved community wellbeing; especially women’s status, in particular girls’ education and right to marriage.



## RECOVERED AND RECONNECTED

**UNLIKE OTHERS, THE DISASTER TEAM OF PMS IS NOT AFRAID TO WORK IN CHALLENGING, ISOLATED AREAS. THEY FOCUSED TO REACH THE FORGOTTEN AND UNREACHED. THEY CONNECTED US BACK TO LIFE.**

In 2010, at least 2,000 people lost their lives in floods and over 20 million affected. Despite mass evacuations there remained fear that the death toll will rise as Pakistan declared national emergency.

Gul Bibi is one of the flood survivors (female, 45 years of age), mother of three children, lives with her extended family. Fortunately, there were no injuries or loss of life since all the family members were away. They were forced to put-up in the cold and rainy weather, while living among the remnants of their house. The floods also took away the only source of income, as her husband had to rush back from Karachi, quitting as auto-rickshaw driver. "The flooding ruined everything as there was water everywhere. Only God saved

us at that time". Gul Bibi recalled.

Responding to the flood emergency, PMS DRR team in Charsadda-KP, carried-out rapid assessment, before organizing distribution of Food and Non-food items (NFIs) among the survivors. PMS has provided Gul Bibi and her family with food and Non-food items of daily use. God has sent His Angels in the form of PMS to us, Gul Bibi added. "We did not had to run after the assistance, instead PMS has maintained our dignity and have distributed relief goods in an organized manner. I am moved by their love and unbiased support to the poor in need". said, Gul Bibi.

It's not only the voice of Gul Bibi; but of all the beneficiaries who received assistance during the Floods Emergency. Natural calamities like floods and earthquakes leave humanity in great stress and difficulty. In such critical times, the survivors believe that such support is not a small but great gesture, which help, restore their lives back to normal.



## HOPE REGAINED

**THE HEAVY DOWNPOUR AND HAILSTORMS RAISED WATER LEVELS OF THE IRRIGATION SYSTEM, SUBMERGING SEVERAL SURROUNDING VILLAGES. FLOODS 2014, FORCED HUNDREDS OF RESIDENTS TO LEAVE THEIR HOMES.**

In the first week of September 2014, heavy monsoon rains caused flooding in the catchment areas of Chenab, Ravi, Sutlej, and Jhelum in Punjab and Jhang. 367 people were killed and more than 2.5 million population got affected, at least 129,880 number of houses were damaged or destroyed.

The heavy downpour and hailstorms raised water levels of the irrigation system, submerging several surrounding villages. floods 2014, forced hundreds of residents to leave their homes.

Noor Din (45) a husband and father of 3 children also suffered due to heavy flooding; lost livelihood and faced economic challenges while looking after his family. He also had to shoulder the responsibility of his old parents. He and his wife work as share croppers or day laborers. Livestock has been their additional source of income that was willingly looked after by the kids when their parents are away in fields, together with the old grandparents.

In most instances, rural populations, already below poverty-line, suffered economic upheaval due to the loss of standing cash crops, fodder, livestock and other small assets in such disasters. PMS DRR team gathered data and formulated a comprehensive damage assessment report, highlighting more than 35% of houses damage, 60% of livestock and fodder loss and 90% of cotton, sugarcane and rice crops submerged.

In total 5500 households identified in Jhang; including Noor Din and family were served emergency ration bags for over two months' consecutive food support along with Shelter kits, water canes and kitchen utensils. "The floods deprived us from our meager economic thresholds and further pushed us to suffer hardships in an open sky.

"I am grateful to Almighty God for saving us and our livestock and providing us timely emergency relief support through PMS, who have shown greater concern by standing next to us in the time of loss and grief". Noor Din lamented with mixed reaction both joy and sorrow.



## DROUGHT IS PLAYING WITH LIVES

**HE SHARED WITH PAIN THAT LOSING DAUGHTER DUE TO FOOD SHORTAGE IS HARDEST REALITY OF MY LIFE AND THIS PAIN IS UNBEARABLE**

Recurring conditions of drought have put a great strain on the people of Tharpakar in Pakistan. Lack of water, penetration of diseases and malnutrition has claimed lives of many children every month. Water table has dropped to a critical level and fear of out-break of diseases becoming alarming.

Shadab Solanghi (57) lives with his family of 5, a wife, 2 sons and 2 daughters, raised in a gypsy lifestyle, who are often forced to move back and forth along with their livestock for food and sustenance needs.

Shadab recently lost his younger daughter aged 4 who suffered persistent water dehydration and malnutrition due to drought impacts. He shared with pain that losing daughter due to food shortage is hardest reality of my life and this pain is for lifetime. He was forced to sell his livestock to keep the family alive, shifted to the city and was able to get a job as fodder seller for meager earnings.

PMS DRR team selected 955 households among 1300 for the provision of relief items. Over all 955 food and non-food packages (that includes rice, wheat flour, cooking oil, sugar, tea leaves, salt, pulses, jerry cans, bathing and washing soaps, water etc.) were provided among most deserving and vulnerable families.

Shadab was one of the beneficiaries, on receiving the food and water support he shared that, "I am very happy to be identified by PMS rapid assessment team, who came to rescue us in the time

of extreme poverty, provided us emergency food ration and other items of daily use. Their generous support has revived our hopes and trust in God, who is great and cares for the downtrodden".

He continued that this 1-month support will give me a margin to stabilize my livelihood and to overcome the effects of drought on my family. He prayed for Pak Mission Society who is working tirelessly in such areas where the humans are suffering at the most.



## RESTORING HOPE FOR THE FUTURE

**PMS WAS FAIR AND TRANSPARENT IN ADDRESSING THE NEEDS OF THE MOST VULNERABLE, WIDOWS, CHILDREN, SENIOR CITIZEN INCLUDING DISABLES AS THEY WERE SERVED ON PRIORITY.**

A powerful earthquake stuck Pakistan with the magnitude of 7.5 causing 221 highest death toll in the Khyber Pakhtunkhwa in 2015. Over 1000 people were reported injured and countless households were displaced, public infrastructure and private properties were damaged. Pak Mission Society, (PMS) launched emergency appeal for earthquake survivors in Shangla and adjoining districts in the north. PMS DRR teams immediately visited earthquake zone and came-up with fact-finding figures/damage assessment report.

Zameen Shah (aged 35) paralyzed due to prolonged typhoid fever, disable for last six years, was identified as most deserving beneficiary, who continued to face mobility challenges, with no earning source at all, but had to spent on long-term medication. The family of six, including four children, were living in a single room without basic amenities; like running water and a toilet. The earthquake, worsened their vulnerability, after the room got collapsed. Taking advantaged of Zameen's physical disability, the landowner, withheld relief cheque distributed by the district government, quoting; he is a rental defaulter for past several years, leaving the family to put up in an open sky.

PMS in coordination with the local government departments ventured into relief and stabilization efforts, identified critically devastated households and served their immediate needs. PMS extended a cheerful moral support as well as relief assistance of food and non-food items including winterized tent. PMS addressed emergency shelter need of families whose houses were fully and partially destroy by the earthquake.

Nevertheless, Zameen Shah's family was also selected along other deserving 350 households as a beneficiary for the provision of a one-room shelter with the latrine provision.

"PMS was fair and transparent in addressing the needs of the most vulnerable; widows, children, senior citizens including disabled, as they were served on priority with due attention". said, Sher Zameen Shah, who is now planning a small general store for a sustainable livelihood.



## A FATHER'S GRIEF

**SOME WOUNDS NEVER HEAL, BUT AFTER SHARING OUR ORDEAL WITH COMPASSIONATE HEARTS, WE FEEL LIGHTENED, HE REPLIED WITH TEARS**

Mirpur and adjoining areas of Azad Jammu and Kashmir (AJK) were shaken by the earthquake in 2019, measuring 5.8 magnitude, which jolted infrastructure, damaged road-links and bridges. Among the poorest of the poor, some sustained serious injuries as houses got collapsed.

In the aftermath of an earthquake Razaqat Gill and family suffered an indispensable grief. It so happened that the mother (wife) and a one-year-old daughter got buried under the roof debris. Razaqat managed to shift his wife to the hospital, but she was passing through a trauma of losing her little daughter, who died instantly under the roof collapse. No doubt the little angel was their hope of the future, and an apple of an eye.

Pak Mission Society, DRR team visited their settlement and realized that the family was heart-broken and going through a mental trauma,

barely coping up with day-to-day life in an open sky. Our female field DRR team members helped Razaqat's wife and his sister-in-law who was also recovering from her leg fracture, giving them an opportunity to share their story and find hope through physiological counseling and remain recomposed in their sufferings.

PMS provided them a tent and ample supply of clean drinking water along-with winterized blankets. The family also, realized that life has to move on with joys

and grief, success and failures. Moreover, they internalized the loss of their beloved daughter, believing that she was a gift to them for a brief period of time and they can now cherish those beautiful memories of her life; as God's grace.

"Some wounds never heal, but after sharing our ordeal with compassionate hearts, we feel lightened." said, Razaqat with tears.



## LIVELIHOOD AND ENVIRONMENT PROTECTION TOGETHER

**I MOVED TO ISLAMABAD FROM SHANGLA THINKING MY CHILDREN WILL HAVE AT LEAST ONE GOOD MEAL A DAY. FOR TWO YEARS, I LOOKED FOR WORK DAY AND NIGHT. MY CHILDREN AND I HAD MANY SLEEPLESS NIGHTS DUE TO HUNGER. THEN I FOUND A PLACE AS AN E-GUARD AT HARYALI HUB AND NOT ONLY DO WE HAVE GOOD MEALS EVERY DAY BUT ALL OF MY CHILDREN ARE ENROLLED IN SCHOOL.**

Life can be very tough at times. Living below the poverty line and then managing needs of your family including three very young boys can be close to impossible. Although, food and education are the basic needs everyone is entitled to, there are still many of us deprived of these necessities in Pakistan. So was our e-guard Hanif before joining the project team.

Hanif, 28 and a father of three boys, is a resident

of the H-9/2 slum community in Islamabad. He moved from Shangla two years back in search of a job to support his family. Our Project Manager was visiting community residents when his car stalled in the middle of the road. Hanif was going back home on a deplorable condition motorbike. Hanif offered help and drove back our Project Manager to the Haryali Hub. He asked for a job stating he would accept anything for some food for his children. When offered a job, he accepted in the blink of any eye. Today, Hanif has a sound job, he is providing for his family and has a sense of achievement which becomes a motivation for those around him.

At PMS, we are not just focusing on cleaning the environment but also on livelihood opportunities for our target communities. This has given many of our valued workers like Hanif a sense of hope and well-being.



## SAY NO TO OPEN DUMPING/BURNING

**I CAME BACK FROM MY JOB ONE DAY AND HE WAS SITTING OUTSIDE WEeping,' SAYS RUBINA. SHE FOUND HER SON, TARIQ, HAD BEEN BADLY INJURED WHILE PLAYING WITH HIS FRIENDS. THERE WAS A HARMFUL WASTE THROWN IN THE RUBBISH AND HIS FACE WAS BURNT BY IT. HE WAS FEELING A LOT OF PAIN AND HIS LIPS WERE SWOLLEN. I TOOK HIM IMMEDIATELY TO THE HOSPITAL. I CAN'T TELL YOU HOW MUCH HIS FACE WAS BURNT. IT TOOK HIM MORE THAN A WHOLE MONTH TO RECOVER**

Being a low income slum, H-9 community in Islamabad has always faced the issues of open dumping and open burning. When we conducted our baseline survey there, health concerns were innumerable because of solid waste. These slum areas of Islamabad are never given importance in terms of waste management and thus raised a big threat to its residents like Rubina.

Rubina, lives with her husband and three children in the H-9 community. She works as a house maid around the area cooking, cleaning, washing and ironing. Her eldest son is mentally and physically challenged and had developed lungs problem due to open burning in the community streets. Rubina could not afford hospitalization or even leaving him at home alone as he would have severe breathing issues. Also, her younger son was badly injured once while playing with his friends in the street due to open burning of waste. Life is already not easy for her and living in a waste strewn area made is just more impossible.

Now, after the Saaf Mahool project has worked in the area for almost two years, Rubina and her children feel safer. There is almost no open dumping or burning in the community and it is easier for her children to stay alone while she goes out in search of domestic work along with her husband. Not just her worries but health issues of her children have also tapered down.



## SMALL BUSINESS CAN END POVERTY

**WHEN YOU ARE ILLITERATE AND UNSKILLED, SMALL BUSINESS IS THE ONLY HOPE FOR ECONOMIC EMPOWERMENT. I OWN A SHOP OF CONFECTIONARY ITEMS FOR KIDS. I CAN SAVE UP TO 100 PKR TO 150 PKR ON DAILY BASIS**

Rahimma (51 years of age) is a resident of Umer Hingorju village 13 KM away from Khipro city. The family is facing harsh economic difficulties while they struggle to provide two meals a day for the family of 10. Amongst her children, she has 5 boys and 3 girls, who never had an opportunity to learn skills or go to school, because of meager financial resources or ignorance. Price hick and inflation made their living miserable day by day, compromising on health and education, thinking such needs are sheer luxury and do not consider them as basic human rights.

Pak Mission Society intervened in the village, gathered initial survey and designed an action plan for practical measures towards helping communities to sustain and maintain their livelihoods. Formation of Self-Help Group was introduced as an empowerment initiative for the women.

The Self-Help Group (SHG) was formed to initiate discussions, awareness, recommendations and solutions to address self-victimization, failures and disappointments of women. The Self-Help Group (SHG) decided to contribute towards community development fund, as PMS extended its patronage. Initially five females were handed over Rs.1000 each to start-up any economic activity. Rahimma was one of them who further added Rs.1000 out of her personal savings and put up a confectionery item stall for children and started earning.

"When you are illiterate and unskilled, small bbusiness is the economic empowerment. I own a shop of confectionary items for kids. I can save upto 100 PKR to 150 PKR on daily basis" says Rahimma proudly.

The value of business turnover, encouraged her to further add-on household items for sale. Gradually, her income scaled up to new levels. Rahimma believes, the success only became possible, when everybody came together as a team and the bliss of unity made us resourceful for one another through the Self-Help Groups (SHGs).

Now, she is proud mother with self-confidence, who can lead her community with mature decision making for the better future.



## MY GARDEN MY PRIDE

**GROWING VEGETABLES HAS BECOME A FAMILY AFFAIR; EVERYBODY WANTS TO PUT THE SHARE ESPECIALLY CHILDREN. KITCHEN GARDENS ARE REALLY CONTRIBUTING IN ENHANCING OUR FOOD SECURITY.**

Mr Ibrahim S/O Allah Diwaya, is a farmer and beneficiary of kitchen gardening activity in Rajanpur Integrated WASH DRR and Livelihood Project of Pak Mission Society. He participated in kitchen gardening training and the skillful facilitation in vegetable growing has encouraged him to start a kitchen garden in his home.

The kitchen garden has added beauty and food security for the whole family. He shared that, he lives in a joint family and due to homegrown vegetables they can now save grocery costs and enjoy fresh and nourishing food. My garden offers wholesome vegetables not only to my family but also to families in my neighborhood with whom I share the surplus supplies. Growing vegetables has become a family affair, everybody wants to put in his bit of share especially the children have become very active in the process. In fact, they

are energized due to nutrients of homegrown crop. Now they eagerly wait for variety of produce such as carrots, spinach, turnips, brassica, coriander salad and reddish and everyone finds these vegetables very tasty instead of what is available in the market. In fact, time and money spent on purchasing these vegetables is now saved and utilized on family wellbeing including education. Kitchen gardening initiative is immensely contributing towards sustainable life and livelihoods as well as making target communities more resilient towards climate



change effects. We are happy and encourage all the people living the villages who have a plentiful space to grow vegetables at home. Nothing is easy and requires time and energy, we spent our time on kitchen garden and now it has become our pride.

At PMS we are trying our level best to capacitate both on-farm/off farm livelihoods, integrate social capital in the development process through the participatory approaches and turn around wellbeing of impoverished communities.

## INTEGRATING EQUITY AND INCLUSION

**CLIENT OUTREACH WAS THE BIGGEST PROBLEM FACED BY ME DUE TO MY DISABILITY. THE MARKET NEEDS COMPETENCY AND TRAINING. INCLUSION WAS MY DESIRE SINCE CHILDHOOD TO SUPPORT MY FAMILY IN A BETTER WAY.**

Adnan Pervez, 29 is physically challenged from Rawalpindi. He faced mobility issues and thus could not attend school. His father being a tailor himself, associated Adnan into tailoring trade. He always felt himself to be excluded from others in different aspects of life.

Adnan learned stitching ladies' garments and successfully established himself as an entrepreneur in the community. Later in life, after Adnan got married and his family responsibilities doubled, he needed to support living for his three little daughters in addition to his parents' family. Economic slow-down and ever increasing inflation, forced Adnan to do more, despite of his physical disability. He worked hard but the situation did not turn around. He tried to add additional tailoring traits into the business, hired apprentices, worked long-hours to earn extra income to aptly cater his family needs, that continued to increase with each passing day.

Being prayerful devotee, Adnan is in a dire need of business mentorship to enhance his business outputs. PMS team under Shared Lives and Livelihood project team approached Adnan and encouraged him to be the part of the project.

Adnan got enrolled in business orientation sessions, learned effective entrepreneurial skills in three-day training. He was capacitated in marketing, bookkeeping, expansion of business through effective investment on the basis of feasibility and market trends. PMS granted Adnan Rs. 50,000 for purchasing required stock, tools and accessories to expand his business on right footing.

He is more resourceful now and able to earn a decent living. Moreover, he had the opportunity to interact with youth from other religious background which certainly enhance his clientage base. His business success proved that "Disability is not an obstacle to success," PMS is obliged to offer standby support to physically different Adnan Pervez, in new societal thinking pattern that advances fullness of life to be enjoyed by the entire family.



## BRINGING DIVERSE FAITH TOGETHER

**ECONOMIC COOPERATION AMONG DIVERSE FAITH GROUP WAS AN ALIEN CONCEPT DUE TO DEEP ROOTED RELIGIOUS BIASES, PREJUDICES AND UNHEALTHY MAJORITY AND MINORITY RELATIONSHIP**

The three young men, Shakir Younis (aged 22), Malik Haseeb (aged 22) Stephen John (aged 19) were educated individual of diverse religious communities resides in Rawalpindi. They were friends and usually talks about future livelihood options. Lack of job opportunity for the youth usually became their topic of discussion.

Under Shared Lives and Livelihood project; an opportunity of youth development was introduced for diverse faith communities. The opportunities included technical and vocational skills to the youth members along with the business grant of 50,000 PKR each.

The idea clicked their minds, and all three friends joined hands, entering into economic cooperation to start a joint venture as "Event Managers". They

aligned their ideas and with the cash grant of Rs. 50,000 each from PMS and started their businesses.

The provision of funds, was a key enabler towards empowerment as they purchase all relevant equipment and accessories such as sound-system, cameras, digital tools/mixture and computers, set-up a point of contact initiated initial marketing to generate public interest by developing a brochure/ handouts to attract clients.

These three friends; Shakir, Haseeb and Stephen, see religions in a

broader perspective and own unity in diversity as valuable humanoid trait as they move on in life. They are able to tap business without sectoral hindrances, embark on unlimited opportunities to learn and penetrate in multi-religious socio-cultural fabric and become a change maker against biased mindset and contribute towards patriotism in Pakistan. They shared that together we are impacting each other's lives.



## DISCOVERING HER WINGS

**GOD HAS ALWAYS BEEN GRACIOUS TOWARDS ME; MY SELECTION FOR YDIP PROGRAMME PROVED TO BE AN IMPORTANT MILESTONE IN MY PROFESSIONAL JOURNEY**



A young and brainy girl Sara Saleem joined PMS as an intern after completing her bachelor's degree in Computer Science in 2017. Being a fresh graduate it was difficult to find a professional learning opportunity. Sara came to know about internship programme of PMS and became hopeful for a possible way-out, where she can exercise and enhance her skillset as she already heard success stories of Youth Development Internship Programme (YDIP's) interns.

Sara applied for YDIP and during her six months' internship she learned IT related knowledge, dealing with hardware and software computer applications along with trouble shooting

expertise. In addition, she was able to enhance her computer programming and graphic designing capabilities. She did participate in the personal development training sessions and youth motivational seminars. Her spiritual journey got strengthened, on one occasion she shared she always had bestowed her trust in God, during difficult situations which encouraged her to regain her spiritual strength.

Sara plays a pivotal role in PMS prayer-fellowship group for regularly managing daily devotion for staff. She is soft spoken and hardworking, this is what helped her pass through the professional capabilities, transforming herself into a

working lady stature.

"PMS helped me grow and develop in the holistic manner, it further renewed my perspective on Christian devoted life and discipleship" Sara commented. Her hard work and dedication was well appreciated at PMS and later on she moved to Tearfund. It was not so long that there appeared another opportunity within the organization and she was able to succeed to an another milestone in her journey. She is presently serving Pakistan Partnership Initiative (PPI) and shares that she discovered herself during the Internship tenure.

## DETERMINED TO SUCCEED

**WE ARE FORTUNATE THAT PMS TREATED US LIKE A FAMILY, STOOD SIDE BY SIDE AND SUPPORTED US TOWARDS REUILDING OUR SHATTERED LIVES. I AM BLESSED WITH THE GREAT LEARNING EXPERIENCE EVER SINCE I JOINED PMS.**

Muhammad Arif (27) son of Muhammad Aurangzeb is one of the veteran PMS staff. At an early age he was sponsored by PMS as a child survivor after the powerful earthquake hit Balakot in 2005.

The earthquake aftermath created immense destruction; not just infrastructure damaged, there were separated families, crippled human beings, shattered livelihoods which literally destroyed family units/structures. Arif lost his parents, who got buried under the house wreckage during the earthquake. Arif was studying in class 7th and his other (nine) siblings were younger to him and studying in lower grades; were away at the time of earthquake. PMS in its early intervention, during an earthquake response came to know about Arif and his siblings and adopted them all, ensuring

their needs were addressed. With the passage of time Arif continued to pursue his education and followed his dreams who realized that education is the key, that can ultimately end their struggling life-phase and give them a bright future.

In 2010, Arif joined PMS as intern in Finance department. After completing his graduation in Accounting he was inducted as Assistant Accountant in PMS office in Abbottabad. Over time, all other siblings including six sisters and two brothers have achieved graduate

level education and have moved on in life in professional studies. Likewise; Arif is now serving as Finance Officer in PMS Islamabad office, since 2016. Based on years of association with PMS, Arif looks back and realizes that he and his siblings were fortunate in life who were not alone during their initial journey towards transformation.

He cherishes moments of mentorship and encouragement which kept them composed during the by gone years and helped them redefine the meanings of life and purpose.



## FULFILLING A DREAM

**PEOPLE USE TO TELL ME THAT DREAMING IS A FANATIC WORLD; IT HAS NO CONNECTION WITH REALITY. FORTUNATELY, I APPLIED AND MILAGROS SCHOLARSHIP HAS TURNED MY DREAM INTO REALITY”.**

Promoting girls' education in Pakistan and encouraging women's participation in the labor force are among the key enablers through which poverty can be abolished. Education contributes in quality standard of living.

An intelligent and brainy girl, Hurab Zeeshan is completing her Bachelors in Mass Communication (4 years Programme) from Forman Christian University, Lahore, supported by Milagros Scholarship Programme. Being scholarship holder, elevated her confidence and enabled her to pursue her dreams. She was raised by a modest family and her upbringing challenges evolved around poor economic resources. Hurab performed to the best of her abilities in early schooling and college, worked hard and stick to her goal of acquiring high education.

But back in 2013 her father was diagnosed with eye tumor, which required treatment on priority basis casing mental, emotional and financial drain out. All thoughts told her that going for higher education is next to impossible and the given circumstances would never allow her to fulfill her ambition. Giving-up on her hopes, she withdrew her admission process, realizing that being an eldest daughter, she also needs to shoulder upbringing responsibility of other siblings. Her parents were very supportive to her all through her adulthood.

However, God did not abandon her dreams and showed up at the right moment, when she was feeling distressed. She was fortunate that her application was accepted for Milagros Scholarship Programme. She regained her passion back, overcome financial shortcomings, looked-up with hope and moved on. The scholarship award not only caters her tuition fee but covers entire range of recurring costs including; personal expenses, which are needed to complete her education. Milagros Scholarship has proved to be the key enabler for her to join the prestigious university in Lahore, Pakistan and cherish a life-time learning experience. Hurab is a new person, confident and inspiring, she envisions life with more positivity. She is passionate to turn around her situation with sheer perseverance and hard work.



# COMMUNITY TRANSFORMATION THROUGH CHURCH

**CCM TRAININGS BRING NEW DIRECTION AND FOCUS IN THE FINANCIAL CHALLENGES PLAGUED MY FAMILY AND IT WAS DIFFICULT TO MEET EVEN DAILY REQUIREMENTS I DECIDED TO DO SOMETHING OUT OF THE BOX SO I OPTED DRIVING INSTEAD OF TRADITIONAL OPTIONS**

Temple of Lord Church (TOLC) is one of PMS targeted Churches in Zia Masjid area in Islamabad. Pak Mission Society's team members, noticed a lot of potential to work along Church leadership to enhance the local capacities of Church-leadership and Community well-being. PMS invited members of Church and community to participate in the CCM/UMOJA trainings; an approach for transformation at grass roots level, committed to enhance community participation through consultation, take joint initiative for desired wellbeing of the community.

Church considers education as the main driving force towards Church and community development. The CCM/UMOJA training guided community passion to upscale youth education

and women development by utilizing their own resource.

Pastor Younas Gill is the in-charge priest of TOLC Church, he said Church's main focus area are: education for the Christian Youth, Career Counselling and women empowerment. It's our vision that our Christian youth especially women should participate in the country's economic growth along with the spiritual growth. CCM and UMOJA training has given us a direction to work more aggressively for the empowerment of women. He further said that

Umoja is a very helpful approach for our Church and we have established a monthly fund on the basis of that particular concept for the well-being of the Church and community. As a concrete step, Church established a Skill Centre for women and provided them necessary marketable skills to learn and earn; with an objective to contribute towards their children's education. After successful completion of the training Church provided sewing machine to the women for supporting their children education.



# BREAKING GENDER STEREOTYPES

**FINANCIAL CHALLENGES PLAGUED MY FAMILY AND IT WAS DIFFICULT TO MEET EVEN DAILY REQUIREMENTS I DECIDED TO DO SOMETHING OUT OF THE BOX SO I OPTED DRIVING INSTEAD OF TRADITIONAL OPTIONS**

Irum wife of Nabeel, resident of Iqbal town, Islamabad, has three children; a baby girl and two sons. Irum's family comprises of five members. Her husband is the only earning-hand. One can face extreme financial difficulties while managing day to day expense, especially living in Islamabad, if resources are limited. For Irum, the goal was to support her husband and to share the home burden. However, in today's competitive world, a secondary school pass-out was left with few options as far as productive and sustainable employment was concerned. But as someone who doesn't give up easily, there is always a way.

One day, she came to know about the Pak Mission Society. She visited PMS to get more information about the training programmes offered under CATCH project for future job prospects. After the initial counseling sessions, she could not decide what to choose, especially when she had to fulfill her parental responsibilities. Among many multiple options, she chose driving course which was a surprise for her husband and for PMS as well.

In Pakistani culture it is quite challenging for a woman to drive professionally and use driving skills as earning tool. She was interviewed and was offered the program opportunity. She undertook driving training from Skill Development Council-SDC for one month (1 week theoretical and 3 weeks practical). Her training at the SDC training center helped her to understand the ethics of the driving skill and how to use this skill as earning tool. She thanked PMS for trusting her confidence and passion. She is now working independently and facilitating young school going children by providing pick and drop services from their door steps.

She is serving 12 school children by offering them pick and drop while earns Rs. 24,000 per month. Though she belongs to a minority section, her dedication and perseverance motivated her to transform her dreams into reality. "My dedication and perseverance motivated me transform my dreams into reality. I am now working independently and facilitating young school going children to get education with reasonable conform. I am happy that I am helping next generation to complete their education and do not dropout, like myself". said Irum



## NOTHING WORTH MORE THAN SAVING A LIFE

**LISTENING TO MY BABY'S FIRST CRY WAS A RELIEF. IT WAS A HAPPY MOMENT, NOT ONLY FOR ME, WHO SURVIVED CRITICAL CHILD BIRTH COMPLICATIONS, BUT THERE WAS JOY AMONG THE MCHC NURSES**

journey around 2 a.m. traveling on the rugged roads, hoping that somebody may be available with the required technical and procedural expertise, who may assist her in the critical moment of her life.

MCHC's paramedic staff, immediately stabilized Haleema's blood pressure and ensured every possible assistance for the smooth child-birth process was in place. MCHC staff cleared the baby's airway, maintained arterial line and provided first aid, after which the baby cried and started breathing

normally. The birth of the baby was a happy moment, not only for Haleema, who survived critical child birth complications, but there was joy among the MCHC nurses who save both lives of mother and child. Haleema's father-in-law thanked MCHC staff and appreciated MCHC 24/7 emergency service for the mothers and children of District lower Kohistan.

Haleem and her family is convinced, that child-birth should take place in an environment, that ensures qualified medical technicians and should be preferred over home.

Haleema (aged 18), wife of Shams Al-Haq had survived a complicated delivery due to Mother and Child healthcare Center (MCHC) in Kohistan, Khyber Pakhtunkhwa. She shared that she was about to give birth to a child at her home, in the remote village, near Kohistan when the traditional wisdom failed to cater her delivery. Pregnancy, mother and child related matters are considered highly private in the patriarchal, rigid, mountainous and isolated communities in the northern areas of Pakistan.

She needed emergency technical assistance of a qualified nurse or health practitioner. It was a most distressful situation for her family. Someone told them that Mother and Child healthcare Center (MCHC), Kohistan remains open 24/7. Haleema reached MCHC, after a three-hour long



## CASCADING KNOWLEDGE BREAKS THE FENCE

**THE EMBARRASSMENT OR SHAME ATTACHED WITH THE NATURAL PHENOMENA WAS OFTEN A RESULT OF NEGATIVE CULTURAL MINDSET, BUT NOW 90% FEMALES OF MY AREA HAVE ADOPTED MENSTRUATION HYGIENE PRACTICES**

Ms. Sodi w/o Sambo (aged 32) lives in village Hassan Ali Hingorjo taluka Khipro district Sanghar with her eight family members. She is one of the project beneficiary, who has enough knowledge about menstrual hygiene and she is even demonstrating as a trainer in her village. According to her before attending menstrual hygiene session organized by PMS WASH Project Team, she was unaware of proper management of menstrual hygiene. Sodi was not in practice to use menstrual hygiene material like under garments or sanitary pads. It was a taboo for her to discuss on menstruation.

Ms. Rekha Kumari organized a hygiene promotion session for female and adolescent girls in the village. This session was attended by female participants including Ms. Sodi. The participants were informed about unsafe management of menstruation that affects health and hygiene related issues among female folks in rural communities. In menstrual hygiene sessions Sodi realized that she must adopt a habit of proper menstrual hygiene management. On completion of menstrual hygiene session women folks improved their understating, knowledge and confidence. They were motivated to pass on their learning to other female members of the community and break the taboos and misconceptions female related issues.

Due to her keen interest in hygiene promotion she became master trainer for hygiene promotion. Fortnightly she conducts hygiene session for females of her village. In these sessions she motivates female groups to adopt safe menstrual hygiene practices. With her efforts 90% females have adopted habit of proper menstruation and have broken the fence of the unknown, based on their primitive thinking patterns.

Menstrual Health and Hygiene (MHH) encompasses broader systemic factors linked to menstruation that is good health, well-being, gender equality, education, equity, empowerment, and rights PMS health professionals, ensures positive social norms, safe and hygienic disposal and advocacy at grass roots level.



# LEARNING AND PLAYING TOGETHER

**PLAYGROUND IN SCHOOL HAS ENHANCED GIRLS ENROLLMENT IN SCHOOL. IT WAS AMAZING TO SEE CHILDREN LAUGHING, RUNNING, SMILING AND CHATTING ON SWINGS. MANY SAT ON SWING FOR THE FIRST TIME**



The Child Focused Integrated Community Development Project (CFICDP) being implemented by Pak Mission Society (PMS) through the support of Kindernothilfe (KNH) aimed to improve learning environment of neglected schools. The lack of acceptable playing facilities and options for the girls were a significant gap. Girls regularly complained of having nothing to do and feeling bored during break time and post-closure while waiting to go home.

PMS installed a double swing, slide and monkey bars in playing areas in the school which improved enrolment and attendance on one hand and on the other energized learning interest among the students as they felt activism through recreation. Things have changed since the playing area was installed in 2017.

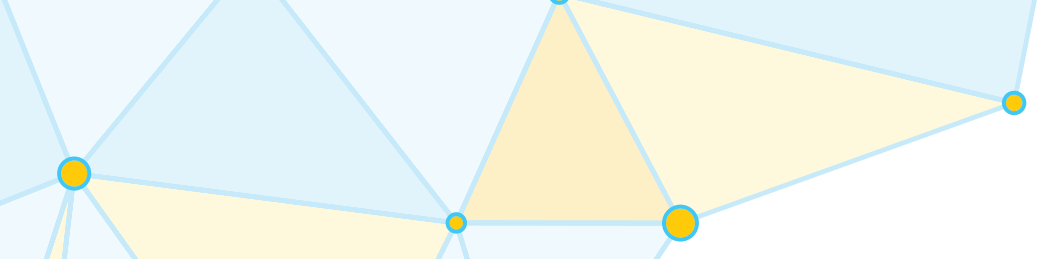
“Our girls were overjoyed when the playing area was set-up and their parents, came to tell us that their children eagerly await to return to school every morning, instead of staying at home. It is obvious that girls schooling experience has considerably improved with the help of Pak Mission Society”. The school headmistress Begum Tasneem, said, with great relief, One student called Shazia, from class 5 summed up the situation by saying “My friends and I, were tired of playing the same running and chasing games every day during break-time. There was nothing else to do in an open area and too much running made me feel tired and sleepy during the rest of the day.”

In today’s time, the provision of playing area is a key part of the enrolment campaign and has motivated many parents to send their daughters to school. We are happy to see children running, laughing and taking turns on the swings; for most of them it was their first time on a swing! While watching the children play the Principal assured us that the new playground would increase school attendance.

Education Department expressed their appreciation for Pak Mission Society’s efforts in improving the service delivery of the 15 schools in which playing areas were installed.

## OUR DEEPEST GRATITUDE TO THE SUPPORTERS AND PARTNERS





Whatever you have learned and received or heard from  
me, or seen in me. Put it in practice and the Lord of  
Peace will be with you  
**(Philippians 4:9)**

“Connecting the Dots-The Booklet” is a reflection of the positive difference made to the lives of the unreached communities of 3 provinces; KPK (District Shangla, District Abbottabad, District Lower Kohistan, District Kollia Pallas Kohistan, District Charsadda,), Sindh (District Sanghar, District Umerkot, District Tharparkar), Punjab (District Rajanpur, District Rawalpindi) and Federal Capital, Islamabad. In this journey of transformation; PMS and beneficiaries encounter number of challenges and defeat them at all levels with the un-flickering dedication and commitment.



P.O.BOX 736, ISLAMABAD 46000 | +92 51 8446166